



'We Serve'

ordinary people *doing*  
amazing things

# LIONS

## Clubs International

We Serve Together

### 105W NEWS UPDATE

Lion Sally Marsh - District Governor



January 2019

[www.lions105w.org.uk](http://www.lions105w.org.uk)



#### Dear Fellow Lions

Welcome to the first News Update of 2019. A Happy and Prosperous 2019 to you all.

As I look back on the first half of my year as your District Governor I have many fantastic memories and I know that there will be many more wonderful experiences to share with you over the next six months. As is now tradition for the District Governor, I joined Caerphilly Lions as they visited local

residential care homes. Children from a local school and the club's Ukulele band brought festive entertainment to all. I am sorry that I was unable to get to more of the events you organised to help all in our community enjoy the festive period.

As I now begin to look towards the rest of the Lions year I know that there will be many opportunities for me to meet with you all, at club, district and multiple district events.

District Convention will soon be with us, March 1st – 3rd.



The International guest this year will be International Director Dr. Walter Zemrosser, from Althofen, Austria. He has been a Lion since 1998 and has called Lions Club Althofen Hemmland his home club since 2011. As a Guiding Lion he has founded two Lions clubs and three Leo clubs. He will be accompanied by his wife Ingrid.

If you haven't booked already please do so soon. All the details you need to attend are on our website, please come along and join as we celebrate 44 years of District 105W.

Following our convention is the MD Convention on 3-5 May in Swansea. Please take this opportunity to be part of an event that is in our District and book for the weekend or

attend for part of it. I look forward to joining with you all at both conventions.

An event that took place at the end of November for the second year was the Lions Leadership Symposium. Look out for information on the next Symposium. All the feedback I have received has been very positive and one attendee, Michael Barry, President of Swansea Lions Club wrote:

"The Lions Leadership Symposium Weekend was an enjoyable gathering of a mixed age range of new Lions, all with different experiences of Lions Clubs International. It was hosted by a group comprising of established Lions and newer Lions from the previous Symposium Weekend.

During the various interesting talks that were given, it was good to meet other Lions to discuss the various views that people had and share ideas about what you and your club can do for its area, along with ideas of how to promote Lions Clubs International at a local, district and multiple district level.

The weekend was extremely successful and showed us not just about what we can do for Lions Clubs International and the members of the Public, but also what the Organisation can do for us. It is something that is recommended to anyone that is given the opportunity to go, whatever your age or length of service in Lions – there is always something new to learn!"

Membership remains a priority for us all. As well as asking new people to join us, 23 new Lions have joined since 1 July, we also need to look to the needs of our current members. Let's All Work Together within our communities with fun and fellowship and see our membership grow. My dream for 2019 is to see a new Lions Club formed in District 105W.

Finally, don't forget the District Plastic Pick in April, put a date for week commencing 22 April in your club diary now.

*Lion Sally Marsh, District Governor, 105W.*

#### Membership Welcome ...

During December, District Governor Lion Sally welcomed the following member to the family of Lions:

**Llantwit Major & Cowbridge**

Andy Davie.

**105W Members end of December 2018 – 865**



## Black Mountains Lions ...

Last summer, Black Mountains Lions supported Penry Herdman who went to New Zealand on a Tall Ship that was specially adapted to cater for people with all types of disabilities. Penry was supporting Adam who sustained injuries in combat while serving with the British Army. Disappointingly for the first few days there was little wind so time was spent fishing and fighting the effects of being at sea! Gaining their sea legs after a few days, the wind blew up and the excitement started. Everyone had a turn to enjoy the view from the Crow's Nest - the rest of the crew hauling up those not able to tackle the climb by themselves. Only Penry missed out as he was on Watch! Black Mountains Lions were happy to assist with a donation of £500 towards his trip. This is Penry's report:



*Hoisting to the Crow's Nest.*

'Last summer, thanks to the generosity and support of the Black Mountains Lions Club and local community, I joined the Jubilee Sailing Trust. The aim was to assist a crew of disabled veterans sail the Tenacious (a specially adapted Tall ship), around the North island of New Zealand. After flying out to New Zealand, I joined the crew in Auckland and embarked on a 7 day sail around the North Island and surrounding isles. Having never sailed before, myself and a group of friends from college learned the necessary skills required to sail a Tall ship, from knot tying, to feeding the entire crew. During our time on the ship, we also learned what life was like for our disabled ship mates and assisted them with day to day tasks. Our days on shore allowed us to visit the local island of Waiheke, where we were taught how to evacuate handicapped personnel on life rafts. Afterwards we sampled some of the local delicacies before returning to the ship for our final day of sailing. Not only was I presented with a once in a life time opportunity, I have also been informed of the difficulties faced by 15% of the world's population. Our shipmates for this sail were from all walks of life, including veterans who had suffered injuries during active service.

I am eternally grateful for the opportunity provided by the Jubilee Sailing Trust, as well as the funding and support from the Lions and local community.

This experience is one I will always treasure and I am extremely thankful to those service men and women who made extreme sacrifices in order to keep us safe.'

*Penry Herdman*

*Cheryl Hyde, Communications, Black Mountains.*

## UN Day 2019 ...

This will take place on Tuesday 12 March 2019 from 16:00 - 18:00 hours in our usual venue, Committee Room 14 of the House of Commons. This year the meeting is sponsored by Alec Shelbrooke MP, Member for Elmet and Rothwell. The UN Day assembly will be addressed by speakers from Government, UN Agencies and Lions Clubs International. IPIP and LCIF chair Dr. Naresh Aggarwal, has been booked to be our International Keynote speaker and International Director Geoff Leader will be one of our guests.

Please put the date in your diaries. I would appreciate it if those of you intending to attend would let me know ASAP. The initial allocation of tickets is only 10 tickets per District, inclusive of 2 for each District Governor. This allocation was set by a previous Council. It is often the case that the requirement from those Districts furthest away from London do not always reach their full allocation, so their shortfalls then become available for further distribution to those Districts nearer London which usually take a few more.

I would ask therefore that the clubs secretaries begin to take soundings in your clubs on a first come first served basis as to how many of your members, I do not need names, are likely to want tickets and again to let me know ASAP so that I can gauge the likely number of 'surplus' tickets that might be available to re-distribute to those Districts with an over-subscribed demand. If this information could be made available to me by no later than 20 January, I can plan to have the requisite tickets available for your DG to take away from the January Council Meeting.

Thanking you in anticipation.

*Juan Nuevo, un@lions105w.org.uk*

## Hereford Lions Tackle Loneliness ...

Hereford Lions Club has set up a special fund to help tackle loneliness in our communities. Grants will be available to organisations or voluntary groups wanting to set up clubs or activities to benefit those suffering from the effects of loneliness, a growing trend in modern society.

Simon Swancott, leader of the Lions community support team which is already involved with the elderly and the handicapped, said: "We believe there is much more direct action that can be taken by voluntary groups in communities to help relieve the impact of loneliness and the Lions Club offer of financial support will help to get them started."

## ... A Rosy Future for Rose Garden

Hereford Lions Club played a role in the planting of the first of hundreds of new rose trees, as part of the restoration of the historic Blackfriars Rose Gardens in Hereford, created over 50 years ago in the grounds of the ruins of a 1276 monastery, but neglected by the local council due to lack of funds.

The club donated £800 to the newly formed Friends of Blackfriars Rose Gardens and members planted 30 rose trees in the bed which is dedicated to Lions and their families who have passed to 'Higher Service.'

To read more about us, the 25th edition of Hereford Lions Festive News, a 48 page full colour newspaper is available on the Hereford Lions Club website. Just click on the Festive News icon at the top of our home page.

*George Thomas, Hereford*

## Zone H Brighter Futures ...

Several clubs from Zone H came together recently to donate a total of £18,666 to the Radiotherapy satellite centre to be built on the Great Western Hospital at Swindon - an initiative called 'Brighter Futures'.

Initially, individual Club donations totaling £8,600 came from Highworth, & District, Lechlade & District, Marlborough & District and Swindon Clubs and later on, donations totaling £10,066 came from a Zone H project which received contributions from Chippenham (£2,000), Devizes (£6,066) and Highworth & District (£2,000) Clubs.

Swindon and areas within Wiltshire, are one of the very few parts of the country which currently do not have access to radiotherapy services within a 45 minute travel time. At the moment, around 700 patients a year make the 70 mile round-trip journey to the Churchill Hospital in Hedington, Oxford for radiotherapy.

In recent times several Lions and their relatives in the Zone have been affected by cancer and have had to make this round trip and a number of these contributions were inspired by personal memories. It was a poignant moment when Lions from around the Zone met at GWH, Swindon on Thursday 8 November to make their Zone Project donation, directly to the fundraising staff there.



Members of Zone H Meet to Present Cheques for Just Over £10,000 to 'Brighter Futures'

Martin Horton and Dr Michael Green, Chippenham and Devizes Clubs

## Cotswold Fosseway News ...

Cotswold Fosseway Lions presented a cheque to the Mayor / Chairman of the Northleach and Eastington Town Council, Alan Wellman, as a final donation to the Northleach Playground Project which is nearing completion. Club member Barbara Eastland is seen handing over the cheque accompanied by Pauline Rigby, Deputy Mayor / Vice Chairman and Lion President Corina Sherman.

The money for this project was raised through the Lions 100 Club, which was started at the Charter Fair in June 2014 as a way to raise funds to support community projects within Northleach. Now that the playground is nearing completion, we will be looking for other projects that we can assist, not necessarily just in a finance role as we are always willing to help with ideas or provide a volunteer or two.

Other recent events included the Table Top Sale in the Cotswold Hall on 10 November which the club organised and from which we were able to hand over £200 towards the

Halls' Clock Repairs. Further donations were also made to Kates Home Nursing and Clic Sargent. We also hosted Santa Claus at the Victoria Hall in Bourton during a Christmas Fair on 30 November.

It has not been all work for the club as we had a very enjoyable afternoon at the Crazy Golf in Swindon followed by a Chinese Feast in late November and will be out for a Christmas Dinner during December.

Corina Sherman, President, Cotswold Fosseway.

## Food Bank support ...

For over ten years the Highworth and District Lions Club has donated provisions and funding to the Swindon Food Bank. This year a van load of £500 food was delivered to the Food Bank warehouse at Westlea, Swindon.



Lion Rodney Davis, Mrs. Christine Davis and two Food Bank Volunteers receiving the food.  
Rodney Davis, Treasurer, Highworth and District .

## Activities Snippets ...

Activity snippets sourced from the Activity Reports completed last month on MyLCI up to 26 December.

**Black Mountains Club** assisted the local netball club to provide training and First Aid courses.

**Calne Club** attended the Christmas Lantern Parade with their Lions Burger Van.

**Chepstow and Caldicot Club** packed and delivered donated food into Food Parcels.

**Cotswold Fosseway Club** collected tin items outside the supermarket in Bourton on the Water.

**Devizes Club** toured the area with their Santa Sleigh.

**Dursley Club** helped to supply carpets for a local family.

**Forest of Dean Club** fund raised with a Christmas collection at the local supermarket.

**Frome Club** raised funds at Selwood Academy Christmas Fair for 'School in a Box'.

**Hereford Club** manned their grotto and toured the area with the Santa Sleigh.

**Keynsham and District Club** donated to Lions Sightsavers.  
**Ross on Wye Club** joined with Ross Leos and assisted at the Ross Christmas Carnival with fund raising.  
**Severn Dean Club** distributed gift vouchers to persons in need.  
**Swansea Club** continue to distribute MIAB bottles locally.  
**Tenby and District Club** provide Father Christmas for the local Christmas activities.

*John Seymour, Communications Team Leader, 105w.*

### Membership Matters ...



Happy New Year.  
 The time for resolutions to make changes and improvements is upon us!  
 How do we change and improve our Clubs and do we need to?

Maybe your Club is fine as it is – plenty of members, lots of Service activity, good fellowship and social opportunities. Or maybe it's not. Maybe you can have a closer look and see how you could make some modifications that will change your Club for the better.

Have you Presidents and Directors tried asking all the members of your Club for their views? As they say, if we don't know if we have a problem how can we put it right? Every Lion has an opinion to take into account in making for a successful and effective Club.

There are resources to help you to do this both on the LCI website and District website. Have a look at the Club Membership Resources at:

[www.lions105w.org.uk/ClubMembers.htm](http://www.lions105w.org.uk/ClubMembers.htm)

If you need further suggestions or if you have views or questions on anything Membership related, please feel free to get in touch.

*Sue Wilding, [membership@lions105w.org.uk](mailto:membership@lions105w.org.uk)*

### Lions and Leos having fun together ...

The weather was wet, windy and cold but the smiles kept the Christmas Spirit alive when Ross Lions and Ross Leos helped out at the community Christmas carnival. This much-loved tradition is not the only way the Lions and Leos join together. Christmas provides opportunities for Ross Leos (who like to be called Ross Youth Lions too) to carry out some Service activities, as well as raise some funds. They held a hamper raffle alongside the Lions Santa Grotto and prepared 'goodie bags' for children in hospital over Christmas.



*Sue Wilding, Ross-on-Wye.*

### February News Update ...

For February 2019 News Update, please submit articles to [news@lions105w.org.uk](mailto:news@lions105w.org.uk) by 25 January. *Editor Derek.*

### Diary Dates ...

#### January 2019

- 24 Zone F Meeting.
- 25-27 COG Meeting, Birmingham.

#### February

- 2 Radstock & MSN Ukulele Fun House Orchestra.
- 5 **DG visits** Forest of Dean Club.
- 9 Chippenham Charter Dinner.
- 10 105W Cabinet meeting, Newport.
- 16 Ammanford Charter Dinner.  
Chepstow & Caldicot Charter Dinner.
- 22-24 MD105 Young Ambassador Final.

#### March

- 1-3 105W District Convention

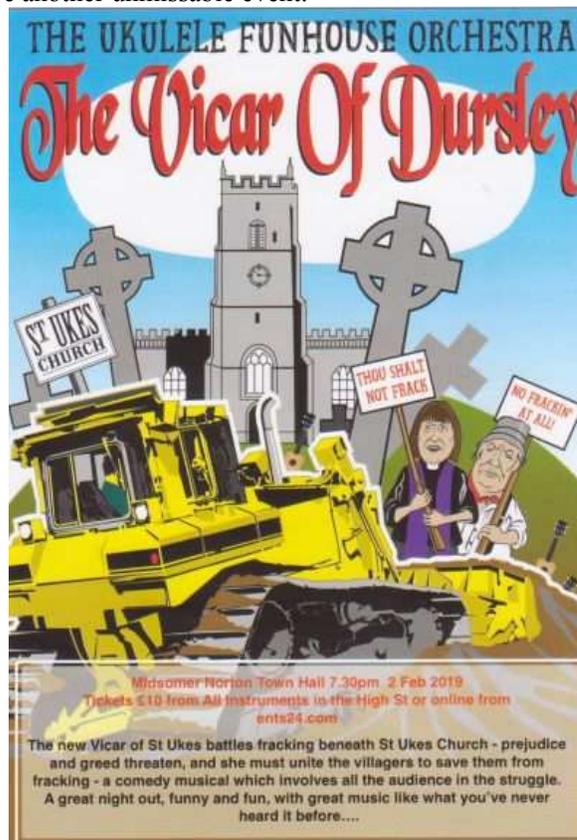
#### May

- 4-5 MD Convention, Marriot Hotel, Swansea.

The diary dates are extracted from the District Calendar on our Website, [www.lions105w.org.uk](http://www.lions105w.org.uk). **ANYONE** can enter events onto this Calendar, but contact [webmaster@lions105w.org.uk](mailto:webmaster@lions105w.org.uk) to amend or delete entries.

### Ukulele Funhouse Orchestra ...

Two years ago, Radstock & Midsomer Norton Lions presented a concert by the Ukulele Funhouse Orchestra. It was based on Dad's Army and was extremely funny, leaving the audience in stitches. We were disappointed not to be able to present them again last year, but now they are back again, with their show, the Vicar of Dursley. This promises to be another unmissable event.



Email [ukfho@rmnlions.org.uk](mailto:ukfho@rmnlions.org.uk) for tickets.