



'We Serve'

LIONS

Clubs International

We Serve Together

105W NEWS UPDATE

Lion Sally Marsh - District Governor



ordinary people *doing*
amazing things

May 2019

www.lions105w.org.uk



Dear Fellow Lions

I hope that you have all enjoyed the Easter Weekend and the glorious weather, either at a club event or having a long weekend off relaxing.

District Congress 103 Normandy
The weather of Easter weekend was a repeat of the weather we enjoyed whilst in Deauville for 103 Normandy's Spring Congress. I was joined by Lions Colin, Juan (International Officer), Greg and

DGE 105CW Ian, for what was a very enjoyable weekend. We arrived late on Thursday so we would be ready for a day sightseeing on Friday. We all enjoyed looking around in the morning and the visit to the Calvados Distillery in the afternoon, then the Gala evening with excellent company, food and wine at the casino. Following the gala dinner we went into the casino to spend the 10 Euro voucher we all received at the start of the evening, this meant a late night and an early start on Saturday with Congress starting at 9am. The sessions included a focus on Leo clubs with the Leo club of Le Harve and Caux receiving their Charter and new Leos being inducted. My congratulations on the new Leo Club formation. Our own Lion Greg from Ross on Wye gave a very good speech on Leos and his experience in becoming a Lion. On Sunday we were able to spend some time exploring Caen on the way to the ferry and enjoyed time looking around a magnificent market.

Thank you to the Lions of Normandy for a wonderful weekend from the contingent from District 105W

Charters

Charter Anniversary celebrations and visits to clubs and zones continue. During April, I have attended Frome, Radstock and Midsomer Norton, Glastonbury and Street (at the request of the club as our Zone J will be with them in a new zone in the New District 105SW), Chipping Sodbury and Dursley. It is always a pleasure to join you and be able to personally thank Lions for all the service they have provided to their communities.

Club Officer Information Days

I have attended both Officer Training Days, there is always something new to hear about. A slightly different format this year which I feel added to the day. Thank you to all who attended and for your input. Also of course, thank you to the presenters and Lion Bill for organising the days.

During the day in Swansea it was also my pleasure to be able to present Lion Chris Davies with his International Presidents Award. Thank you to all Lions who knew about the award from District Convention, for keeping it a secret. Chris was certainly surprised!

Special Olympics at Westminster Mile

I have received the following from Lion Simon Smith MD SOGB Officer, with the request that I send it to clubs.

In May, Special Olympics have been invited to take part in the Westminster Mile event. This is a major sporting event and will attract a significant audience, both at the event and on TV. Special Olympics have been given their own 'Unified Mile' race as part of the day.

Special Olympics Great Britain and Special Olympics Eurasia have asked the Lions of MD105 to create a 'Special Olympics/Lions Wave' on The Mall. To do this we need at least 100 Lions to create a fantastic atmosphere and give all the competitors something to remember. This is an amazing opportunity to show the country, if not the world, just what Lions is all about and how we support the Special Olympics movement. It is likely to be the best national TV coverage we have had access to since the days of the Lord Mayor of London's Parade.

If districts, regions, zones or clubs are unable to help on the day, then can they please consider a financial donation towards the cost of this event. At this stage we do not have an accurate costing, but we are looking at 100+ T-shirts, some sail banners and balloon arches etc. This all costs money.

This event will be a great opportunity for our organisation. Let's not miss out on the chance of national publicity.

If any club or individual Lion would like to be involved on the day please get in touch.

MD Convention

From 2nd to 5th May I will be in Swansea at Multiple District Convention, a busy and very enjoyable weekend. I hope that I will get the opportunity to spend some time with as many of you who are attending as possible, either at the host night, the Banquet and Ball or during convention itself, as possible.

I see from MyLCI that clubs have added new members during April, please keep talking to and asking those you meet at your events to join the family of Lions. We have a lot to offer.

Let's All Work Together to serve our communities with fun and fellowship.

Lion Sally Marsh, District Governor, 105W.

Higher Service ...

It is with deep regret that News Update reports the passing to higher service of

Shirley Jackson and **Sheila Theaker**, Calne Lions Club and **Graham Probert**, Chepstow & Caldicot Club.

District Governor, Lion Sally, and all Lion members, extend sincere condolences to their families.

Membership Welcome ...

During April, District Governor Lion Sally welcomed the following member to the family of Lions:

Chippenham	Barbara Hearn.
Chipping Sodbury	Roger Cannon.
Frome	Michael Bishop, William Button.
Gower & Llŵchwr Estuary	Morena Resurreccion.
Ross on Wye	Christopher Kirkham-Sandy
Swansea	Kathryn Lacey.

105W Members end of April 2019 – 875



Membership Matters ...



Firstly, it has been good to meet up with many of you at our District Training sessions and at our Convention. It is encouraging to see that there are so many Clubs interested in all the many

and various aspects of Membership.

Now, how are you going to keep Membership in the thinking and planning in your Club?

My three-word Mantra for this year is Flexibility, Visibility, Tenacity.

Flexibility - check that what we do is what all our Members want. We need all our Members to be happy in their Membership and so we should make sure we 'tweak' those things that need some improvement. Listen to ideas from members – new and old - and give them a go!

Visibility – make sure you are seen in your local community, keep telling your stories about the difference you make, use press and social media and be proud to wear your Lion badge.

Tenacity – don't give up! Keep Membership on your Club Agenda and keep looking for new volunteers and new Members. The next person you ask may be the one who says 'Yes'. Remember, the harder you try the luckier you get and that goes for finding prospective new Lions too.

In our District we will continue to search for ideas that work and share them with you all. Please remember that if you need ideas or help with Membership we have a District Team and of course your excellent Zone Chair is there to help too, so please get in touch.

Sue Wilding, District Membership Officer (GMT-D)

membership@lions105w.org.uk

Cotswold Fosseway news ...

The Cotswold Fosseway Lions recently held a successful Quiz Night and wish to thank Lechlade Lions who attended

for their support, we hope you enjoyed the evening as much as we did. The Lions motto is 'Serving the Community' and Lions Clubs are also a community, so it is good to see clubs supporting each other. I know that our club received support from other clubs some years ago when the UK Sheep Dog Trials were held near Northleach and without this support we would not have been able to support the event.

Recent donations made by the club have centred on the need for clean water with a donation to the Cyclone Idai Disaster Appeal and to EducAid India, whose Chair of Trustees lives in Northleach. EducAid's second primary school is under construction after some delays in Kokiara, Bihar, India and they heard from their Trustees at Kokiara that the well that would have supplied drinking water to the school is not reliably clean, and that a tube well is needed in the school playground. With the monsoon expected in June, the ideal time to dig a well is in May, so EducAid are looking to raise the funds for it. The club has followed and supported this work over the years, for this school and the previous one that was built and have regularly receive updates on the progress.

On the social side we had a very enjoyable Treasure Hunt last month through the villages of the Cotswolds and, although there were some late runners and some straying from the course, we all made it to the finish line. Well, it was held on the same day as the Grand National!

Corina Sherman, President, Cotswold Fosseway.

Easter Egg raffle success ...

Cheltenham Club raffled 65 Giant Easter Eggs at pubs and venues in the town. The money raised will go towards the running costs of the Clubs Holiday Caravan for local disabled people at Burnham on Sea, (annual costs £5000). The Club has had a caravan on the same site since 1983, the current one was purchased in 2010.



As a result of a very successful Book Sale in the Regent Arcade a portable laptop was donated to Suicide Crisis, a locally based organisation helping people with suicide crisis or trauma, £500 was also sent to LCIF for help with the Mozambique cyclone disaster.

A total of 2500 spectacles have been sent to Chichester this year and on the same theme, £200 was sent to Sight Savers to help Trachoma treatment in Tanzania.

David Green, PRO, Cheltenham.

Litter Picks ...

Litter picks have taken place throughout the district in the last couple of weeks. I took part at the Somer Centre in Midsomer Norton with my own club. Well done and thank you to all those who have helped improve our environment. Please let me know how you got on. There are some photos and reports in this newsletter. If yours is not there please send a report to Lion Derek Livsey for the next issue.
DG 105W Sally Marsh.



7 Lions from Radstock & Midsomer Norton, including DG Sally, together with 4 helpers.

There is a local Community Clean-Up Crew in Ross on Wye, so it was great to link up with them and clean up some of the areas of country walks around the town.

Realising that not everyone can get together at the same time, Ross Lions decided to hold 3 litter picks – morning, afternoon and evening! Each session lasted an hour and ended with morning coffee / afternoon tea / social in the pub! Who says volunteering isn't fun! In total, 23 Lions and volunteers spent an hour each – so almost a full day of litter picking in all was done. And it made a difference! Those litter picking for the first time found it quite relaxing, almost therapeutic. and everyone certainly felt good when they saw all the bags they had filled.

Sue Wilding, Ross-on-Wye.



Ross-on-Wye Lions and helpers

The recently formed Cardiff Campus Lions Club, attached to Cardiff Lions Club, carried out their first service activity on Easter Sunday, a litter pick in the busy and popular Cardiff Bay. Their efforts were well received by the public, and as their parent club, Cardiff Lions congratulate them.

Ivor Hughes, President, Cardiff



Cardiff Campus Club in action.



Ammanford Lions and helpers.

District 105W Website ...

Re-districting of Lions Clubs within the British Isles takes place on 1 July 2019. The Lions Clubs of District 105W will be split between the three new Districts of 105CW, 105SW and 105SC. Existing District 105W will close 30 June 2019 and the District Website will cease to be maintained from that date.

John Seymour, Communications Team Leader, 105w

June News Update ...

For June 2019 News Update, please submit articles to news@lions105w.org.uk by 25 May. This will be the final edition of the News Update, so thank you to all you readers. The communications team hope that you have found this magazine useful and maybe it has inspired you in your own service. *Editor Derek*

Activities Snippets ...

Activity snippets sourced from the Activity Reports completed last month on MyLCI up to 28 April.

Black Mountains Club provided equipment for the local after school club.

Cotswold Fosseway Club collected local donations for delivery to North Fosseway Foodbank.

Devizes Club arranged Sports Coaching weekend training for local children.

Dursley Club provided new folding tables for local school.

Forest of Dean Club donated to the Great Oaks Hospice, Coleford.

Frome Club provided transport for helpers to Mellis Barn Social Club.

Keynsham & District Club donated to the Cyclone Idai LCIF Disaster Appeal.

Marlborough & District Club held an ABBA tribute band evening.

Melksham Club had large Easter Eggs distributed around outlets in the town.

Radstock & Midsomer Norton Club went on a two hour litter pick around the Leisure Centre.

Ross on Wye Club joined forces to collect 45 bags of litter around the Town.

Swansea Club distributed MIAB information and equipment.

Swindon Club made a selection of presentations at their business meeting attended by Mayor of Swindon.

Tenby & District Club donate to Cyclone Idai Appeal.

Tetbury Club have been producing and distributing the 'Tetbury Advertiser' since 1974.

John Seymour, Communications Team Leader, 105w.

Diary Dates ...

May

- 3 **COG Meeting.**
- 4-5 **MD Convention**, Marriot Hotel & Brangwyn Hall, Swansea.
Rossbeerfest, Ross-on-Wye.
- 10 **DG attending** Keynsham & Dist. Charter Dinner.
- 11 **DG attending** Bridgend Charter.
- 12 105SW Officers Training Day, Okehampton.
Wild Boar Chase Cycle event, organised by Forest of Dean & Severn Dean clubs.
- 14 **DG attending** Brecon Charter.
- 17 **DG attending** Ross-on-Wye Charter Dinner.
- 18 **DG attending** Cotswold Fosseway Charter Dinner.
- 19 am. 105W Cabinet Meeting, Newport.
pm. Zone Chairpersons Workshop, Newport

June

- 14 **DG attending** Tenby & District Charter Dinner.
- 15 **DG attending** Llantwit Maj. & Cowbridge Charter
- 16 **DG attending** Fishguard & Goodwick Charter.
- 18 Melksham Club Handover Dinner.
- 22 105SW Treasurer Training day.
- 23 District End of Year Social, Cardiff.
- 26 Caerfilli Club Handover.
- 29 **DG attending** Swansea 51st Charter Dinner & Lion David Jones **50th YEAR AS A LION.**
- 30 Devizes Club Charter & Handover.

The diary dates are extracted from the District Calendar on our Website, www.lions105w.org.uk. **ANYONE** can enter events onto this Calendar, but to amend or delete entries, contact the webmaster: webmaster@lions105w.org.uk.

Club Secretary ...

Have you completed your 2019-2020 Club Officers on the MyLCI database in preparation for the new Lions year?

More Litter Pick Photos ...



Ross Lions getting stuck in.



Supplies at the ready for thirsty work.